



# The Five Animal Freedom

**01**

## Freedom from hunger and thirst

Ready access to fresh water and diet to maintain health and vigor.

## Freedom from discomfort

An appropriate environment including shelter and a comfortable resting area.

**02**

**03**

## Freedom from pain, injury or disease

Prevention or rapid diagnosis and treatment.

## Freedom to express normal behaviour

Provision of sufficient space, proper facilities, and company of the animal's own kind.

**04**

**05**

## Freedom from fear or distress

Ensuring conditions and treatment which avoid mental suffering.

For more info, visit

<https://www.actionprotectionanimalsafrica.org/>